

MYAA Baseball

T-Ball – Age 5

General Overview & Rules

Welcome to MYAA Baseball. As a 5 year old, this will be your child's first experience in organized baseball with MYAA. The objective of the league is to let the kids have fun while providing an introduction to baseball.

The following provides a general overview on how the tee ball program is run for the five year olds.

General Information

- The season will start in mid-April along with the rest of the MYAA baseball programs and typically run for 8-9 weeks.
- Each team will play two games per week, with one being played on the weekend (most likely Saturday) and one during the week.
- In addition, coaches may schedule up to one practice per week where the coaches will be asked to teach fundamental skills (swinging the bat, running the bases, throwing, catching). The practices will be subject to field availability.
- The weeknights and times on Saturday will vary throughout the season (i.e., you will not be scheduled to play on every Monday throughout the season).
- Should we have inclement weather please check www.myaabaseball.com to see if the fields will be closed. Rainouts may be rescheduled depending on field availability.

Playing the game

- All games will be played on the all-purpose field across from Lenape High School next to the football field.
- Games will be either 3 innings or 90 minutes (which ever comes first).
- While the team playing the field is encouraged to throw the ball to the correct base, no outs will be recorded and no score will be kept.
- Please have your team show up at least 15 minutes prior to game time and do your best to start all games on-time.

Hitting

- When it is your teams turn to bat, everyone on the team will have a chance to hit each inning.
- Players must wear helmets with earflap protection while at bat, on base and in the batter box. If a player is not on base, at bat, or on deck, they must be in the dugout.
- All players must use the tee when batting (no exceptions).
- Each player will advance one base at a time. The final batter and remaining base runners in each inning will advance to home plate. *Please have the fielders wait until the runners are finished to exit the field.*
- Coaches and/or parents should be stationed at first, third and home to assist the players.

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- If possible, all players should play the field each inning. However, in no circumstance should more than 10 players be in the field at any time – P, C, 1B, 2B, 3B, SS, and four outfielders.
- The 10 positions, as well as anyone sitting on the bench, should be rotated each inning.
- The pitcher should be at least 45 feet from the batter.
- A catcher is not required. However, if you decide to use a catcher make sure they are wearing the appropriate equipment and stand far enough behind the batter.
- Coaches should consider having the first basemen wear a helmet.
- Encourage the players to throw to the appropriate base when the ball is hit.
- It is important to teach the players in the field not to “swarm” to the ball as it is hit. Rather, teaching the player to field his/her position is more important.

Making the game fun and successful:

- Players should come out of this program with instruction on the following offensive skills:
 - The use of the batter’s box, proper stance, and fundamentals of the swing
 - The concept of hitting the ball then running
 - The name and order of the bases
- Players should come out of this program with instruction on the following defensive skills:
 - The proper fielder’s stance
 - The proper catching technique
 - The proper throwing technique
 - The names of the fielding positions and the concept of infield/outfield