



The Medford Renegades is a Travel Baseball Program that has been formed by M.Y.A.A to offer township residents competitive baseball as a valuable alternative to local in-house and regional AAU level baseball. We offer the dedicated youth baseball player a unique opportunity to experience competitive baseball at a level beyond our traditional recreation and travel programs. The Renegades will compete in leagues such as the Tri-State Elite Baseball League, as well as local and regional tournaments throughout the spring and fall baseball seasons.

Our goal is to teach competitive youth baseball players advanced skills and the importance of demonstrating good character as a foundation to athletic and overall life success.

Advantages for Medford Residents

The Renegades program is designed to offer an alternative to the emerging private youth baseball business which has developed in our region over the past five years. The Tri State Elite Baseball League, which is comprised of primarily AAU teams, carried 25 to 30 teams in each of eight different age group divisions during the spring of 2009. Many of these 200 teams can offer an alternative to players seeking a higher level of competition and further skills development. Medford and other local area townships continue to lose dedicated players to AAU at an increasing pace. The player migration is part of a growing trend in which many players from township travel teams are playing for AAU organizations because their town travel programs do not offer a higher competitive level option.

Our goal is to reverse this trend, keep our players in Medford, and elevate Medford Travel Baseball to a level where we can offer township parents and players a very similar program to the top level AAU programs. This new travel program meets and exceeds many of the benefits that the highest level teams currently provide:

- Home fields: Local commute for practice and home games which will be played at Hartford Crossing
- Access to an indoor facility during periods of inclement weather
- A lower cost alternative to regional AAU level baseball
- Local teams comprised of friends and classmates who can experience competitive baseball together; both now and into their high school years
- A broad range of single team age groups ranging from 4th grade through High school.
- Year-round program including a fall season and winter work-outs
- Flexibility to accommodate other sports during the fall and winter seasons with opt-out or part time playing options
- Full fundraising package to help defray cost
- M.Y.A.A affiliation
- Free try-out



What it means to be a Renegade

If selected to be a member of the 2010 Renegades, you will become part of Southern New Jersey's premier town Travel program that is filled with tradition and pride, and one that offers outstanding benefits and opportunities such as:

- A competitive and comprehensive schedule
- Professional guest instructors that will teach players how to train for and play at a highly-competitive level of baseball
- A training affiliation with the Shawnee High School coaching staff and players
- Experienced, dedicated coaching
- Off-season indoor workouts and position based clinics
- Strength, conditioning, and nutrition training
- Local and regional tournament experience
- Equivalent local and regional competition
- Skills preparation for middle and high school teams

Travel Season/Leagues

Our primary goal in selecting teams at each age level will be to have equally strong teams in order to compete on the field, as well as provide an opportunity to develop young players. Each team will be selected in January through an evaluation process of tryouts and prior season performance. Play will begin in March and continue through the end of July. We will offer a minimum of (4) nights a week of games and practices. During tournament weekends, the commitment will be 3-4 games over the weekend period. There will also be a second season of play in the fall, starting around Labor Day and continuing through early November. Our fall program will offer a part-time option to players who compete in traditional fall sports.

The teams will participate in leagues such as the Tri-State Elite Baseball League (www.tsebaseball.net) which offers teams from New Jersey, Pennsylvania, and Delaware the opportunity to compete in regular-season, tournament, and playoff games. The 2010 league has been designed to offer local and regional teams varying degrees of competition to match their individual team skill level.

Training

To be a great baseball player it takes a combination of fundamental and advance skills development, speed, strength, and power to compete on the diamond. The Renegades offer customized in-season and winter training from area professionals. Some of our instructors and affiliations include:



Brian Anderson

- Shawnee High school Varsity Baseball Coach
- Named the SJ Coach of the Year in 2009 and 2003
- 22 years of H.S. experience
- Director, SHS Winter and Summer Baseball Clinic

Greg Short

- 10 years of high school, college, and professional baseball
- 15 years of high school and collegiate coaching experience
- Current Occupation: Owner, CEO & Head Pitching Instructor of BioPitch.
www.biopitchbaseball.com

Jeffrey Grose

- 4 year starter for Rutgers University Baseball-Captain and 2nd Team All-Big East-2006
- 4th ALL-TIME in hits at Rutgers University
- Current Occupation-Professional Baseball Player- Kalamazoo Kings- Frontier League

Al Roach

- Graduate of Shawnee high school and Temple University
- Awarded the division 1 college baseball player of the year by the South Jersey Baseball Coaches Association
- Played 4 years in professional baseball
- Current Occupation: Owner wedropbombs.com, professional hitting instruction

Harry Grose

- 3 year Varsity starter at SS-All-State SS-1975- Played College Baseball at Valencia College/Orlando FLA
- Head Baseball Coach- Southern Regional HS-2005-2008
- Asst Varsity Baseball Coach- Buena HS- 2008 Group 2 State Champs
- Current Occupation: History Teacher/Baseball Coach

Tim Welsh, CSCS

- Director of Championship Strength Speed & Agility Training
- Shawnee High School Freshman Baseball Head Coach and Assistant Varsity Coach
- Member of the NJ Strength and Conditioning Hall of Fame

Jeff Grose

- Drafted by NY Mets Baseball Club in 1973. Pitched 6 years in professional baseball
- Current Occupation: English Teacher/Baseball Coach

Training with the Camden Riversharks



The Riversharks will be teaming up with the Pineland Sports Center to provide training and other exciting programs for Renegades Baseball. Details will be announced in the near future,

Coaching

The coaches are selected annually by the Renegade Board and M.Y.A.A Baseball for their knowledge of the game, and their ability to communicate and motivate our young players. Renegade coaches have had high school, college, or professional experience as a player or coach. We appoint coaches who exhibit a high energy level, a positive attitude, and are passionate about the game of baseball.

Fundraising with the Phillies

Travel baseball, particularly at the AAU level, can be an expensive proposition for many parents. In order to reduce travel registration fees, the Renegades have teamed up with the Philadelphia Phillies to promote and raise funds for the Renegades Program. In 2009, the Phillies sponsored a Renegade game night vs. the Florida Marlins where the Phillies donated a portion of each ticket sold by a Renegade player. The event was so successful that some players sold enough tickets to cover their entire registration fee.

Renegade Parents

Parents are expected to make a serious commitment to the Renegades Program. This includes their son's participation in practices, games, off season activities and conditioning as well as the adult's commitment to concessions, field maintenance rotation, and fund raising.

Questions and Answers

Are the Renegades affiliated with M.Y.A.A?

Yes. Over the last several years there has been a growing demand for a travel program similar in nature to those offered by MYAA Basketball and MYAA Soccer. The MYAA Board believes it is our obligation to develop and provide athletic programs for Medford residents in response to the demands.

Can non-township residents participate in the program?

The Renegades Program is only offered to the residents of the Medford and Medford Lakes.

Can my son play for other teams?

The Renegades will work around both the middle and high school baseball schedules. However, travel baseball of this caliber will require dedication and hard work from each player as well as a **full time commitment** during the baseball season.



Can a township team compete in full-time competitive baseball?

In order to assess our viability in full-time competitive baseball, M.Y.A.A. piloted the Renegades Program with its 12U and 11U teams in 2009. The season provided a great experience for both teams. It provided new opportunities for our players and it clearly accelerated their development. Since then, the Renegades program has worked diligently with TSE in an effort to separate TSE Divisions by level of competition. As a result, the 2010 TSE Divisions will now offer conferences within divisions designed to provide the right level competition for each team.

In order to provide all Renegade teams with an optimal competitive experience, each team will be placed in a conference compatible with its level of skill.

2010 Renegades Try Out Schedule

Try outs for the Medford Renegades will be held during the 3rd and 4th weeks of January. Specific dates and times will be announced.

More information will be available when our new website is launched. www.medfordrenegades.com