

MYAA Baseball

Coach-Pitch Baseball – Kindergarten

General Overview & Rules

Welcome to 6-year-old Cal Ripken Coach-pitch Baseball. The objective of this league is to provide the player with a smooth transition from T-Ball to baseball. The following provides a general overview on how the 6-year-old program is run. Please note that this is not inclusive of all the rules that are provided to your Head Coach.

General Information

- The season will start in mid-April along with the rest of the MYAA baseball programs and typically run for 8-9 weeks.
- Teams will have a minimum of two baseball events per week. Each team will be scheduled to have two games (Monday – Saturday) with additional practices at the discretion of the coaches and field availability.
- The weeknights and times on Saturday will vary throughout the season (i.e., you will not be scheduled to play on every Monday throughout the season).
- Should we have inclement weather please check www.myaabaseball.com to see if the fields will be closed. Rainouts may be rescheduled depending on field availability.

Playing the game

- All games will be played on the all-purpose field across from Lenape High School next to the football field.
- Games will be 3 innings and should not exceed one hour and 30 minutes. Games can end in a tie.
- All players on a team will bat each inning. However, outs will be recorded and score will be kept.
- Please have your team show up at least 15 minutes prior to game time and do your best to start all games on-time.

Hitting

- Coaches will pitch to their team. Coaches should position themselves mid-way between the pitchers rubber and home plate. It is usually best to pitch from one knee or sitting on a seat/stool. This way, pitches will come from the batters point-of-view.
- All players will bat in each inning.
- Each player will be given 3 good pitches to hit. If, after the 3 good pitches the player does not get a hit then, a hitting tee should be used. ***The key is to keep the game moving so that the kids stay interested.***
- There are no walks.
- On a hit, players can advance as many bases as possible.
- Players can only advance one base on an overthrow, including overthrows within the field of play. For example, if a runner is running to 2nd base and the fielder overthrows the 2nd basemen, the runner can only advance to 3rd base.
- If the defense records an out, the batter/runner will return to the dugout. Coaches assisting in the field will make safe/out calls.
- Players must wear helmets with earflap protection while at bat, on base and in the batter box. If a player is not on base, at bat, or on deck, they must be in the dugout.
- Coaches should be stationed at first and third.

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- Teams should not “clear the bases” when the last batter hits. When the last player has hit and after the runners stop moving, the inning will be over.

Playing the field:

- Teams will field a maximum of 10 players that will include a fourth outfielder.
- Teams will use a catcher who is required to wear the proper equipment.
- The fielders should attempt to record outs on batted balls.
- Coaches should consider having the first basemen wear a helmet.
- Where possible, coaches are encouraged to be stationed in the infield and in the outfield to instruct players on which base to throw the ball.
- It is important to teach the players in the field not to “swarm” to the ball as it is hit. Rather, teaching the player to field his/her position is more important.
- Players will not sit on the bench more than one consecutive inning while their team is playing defense and everyone should play at least 2 innings.

Baseball goals of the program:

- Players should come out of this program with instruction and continued development on the following offensive skills:
 - The use of the batter’s box, proper stance, and fundamentals of the swing
 - Improved concept of hitting then running
 - Proper base running
- Players should come out of this program with instruction and continued development on the following defensive skills:
 - The proper fielder’s stance
 - The proper catching technique
 - The proper throwing technique
 - Better understanding of defensive situations